



# newsletter



for the month of **November**

## What scares you the most?

Being scared of something is normal, but there are people who have extreme fears of things that it's so difficult to understand. People get scared of something when they know their life is in danger, but for some, seeing it or even getting close to it already makes them feel uncomfortable. The intense fear of something is what we call *phobia*. Here are three of the most common phobias some people have:



### ARACHNOPHOBIA

Fear of spiders. A person with arachnophobia might avoid going outside on a sunny day because they are afraid of spiders coming out of the grass.



### OPHIDIOPHOBIA

Fear of snakes. A person with ophidiophobia might have a panic attack if they see a snake on TV.



### ACROPHOBIA

Fear of heights. A person with acrophobia might refuse to go to the top of a tall building or even ride in an elevator.

## the scariest movie of all time (according to the internet)



**The Exorcist (1973)**

Based on an online survey created by a movie website, *Rotten Tomatoes*, the scariest movie of all time is the movie, "The Exorcist" (1973). It's a horror film about a young girl who is possessed by a demon. Her mother asks for help from two priests to perform an exorcism and save her daughter's life. The movie has famous scary scenes and gives viewers a tense feeling throughout. It also talks about losing innocence, faith, and good vs. evil, and that's the reason why it's the scariest movie of all time.

**Would you watch this movie?**

Yes  Never  Maybe

## IS HALLOWEEN 2023 IN SHIBUYA CANCELLED?



Halloween in Shibuya has become known around the world. People who love to wear costumes gather around Shibuya scramble square to meet other Halloween lovers. There is no specific organizer of the event. People just love to go around the streets of Tokyo to show off their fun and scary outfits.

Unfortunately, this year, there won't be any Halloween events on Shibuya streets, which means you are not allowed to gather in one place. The city of Shibuya decided to stop people from creating huge crowds, and this is because they don't want any accidents to happen, like what happened in Itaewon in South Korea.



But don't worry, because you can still wear your favorite costume, and you can still go around the streets if you want to. Wearing a costume is fine but social gatherings are not. If that's the case, I guess Halloween in Shibuya is not totally cancelled after all.

## Did You Know?



### JACK-O'-LANTERNS

The tradition of carving jack-o'-lanterns started in Ireland where they used potatoes instead of pumpkins. This practice was brought to America and people used pumpkins because they were readily available.



### BLACK CATS

In some cultures, black cats are considered a symbol of bad luck, but in others, they are a symbol of protection.



### TRICK-OR-TREATING

Trick-or-treating is a popular activity during Halloween, but this tradition started hundreds of years ago. In the past, they called it "souling," where people would go to different houses to pray for the dead and they get food in exchange.

